



RETURNING & BECOMING



KANUGA Christian Formation 2023

SCHEDULE PREVIEW JUNE 12-15, 2023

This gathering offers a sacred space to speak and listen from the heart in the journey toward fostering Beloved Community. Nurture the body, mind, and heart by co-creating a space with like-minded siblings to nourish and transform the soul. This program invites you to become renewed and return to a more God-centered life.

Monday, June 12

Arrival and Newcomer Orientation, Supper,
Evening Gathering & Reception

Tuesday, June 13

Mindful Meditation -- Hillary Raining
The Poetry of Returning & Becoming -- Pádraig Ó Tuama
Quiet Reflection -- Go and Be
Returning & Becoming
Music & Centering
The Contemplative Path to Well-Being -- Scott Stoner
Sabbath -- Go and Be
The Language of Scripture in Poetry -- Pádraig Ó Tuama
Reception with Pádraig Ó Tuama Book Signing

Wednesday, June 14

Mindful Meditation -- Scott Stoner
The Poetry of Returning & Becoming -- Pádraig Ó Tuama
Quiet Reflection -- Go and Be
Community Picnic
Music & Centering
Cultivating a Sustainable Practice -- Hillary Raining
Sabbath / Unstructured Time -- Go and Be
Returning & Becoming
Music & Centering
How Great Thou Art -- Living for Seven Generations
Reception with Book & Album Signing

Thursday, June 15

Mindful Meditation -- Robbin Brent
The Journey Continues -- Returning Home
Closing Worship



KANUGA