Kanuga Cottage & Inn
Retreats
What to Bring/What to Expect

We are so excited to welcome you to Kanuga for our Cottage & Inn Retreats, a time for renewal and reflection at Kanuga. The following document includes details about what to expect regarding check in, activities and meals. General information can be found at Kanuga.org/CottageRetreats. This is a “new day” at Kanuga! There will be new practices and the staff will be learning as we go. We ask that you embrace a willingness for change and adaptability in the customary Kanuga loving way.

Before you Arrive:
If needed, you may find directions to Kanuga at kanuga.org/directions. A campus map can also be found at that link. At the beginning of Kanuga Lake Rd. there is a Road Closed Ahead Sign. Please proceed ahead on Kanuga Lake Rd. and do not follow the sign for detour. The road is not closed until after the entrance to the conference center.
Check in Time: 5 - 7 p.m. (please make prior arrangements with our reservations team if you need to arrive after 7pm.)
Check out Time: 10 a.m.

Packing List:
Recommended Items:
- Pillows and Pillow Cases- For health reasons, Kanuga will not provide pillows, please bring your own.
- Mask or other facial covering
- Blankets for picnics or use outdoors
- Reusable bag(s) for transporting food from Kanuga Market to your cottage

Optional Items:
- Games
- Puzzles
- Tennis rackets & balls
- Other outdoor activity supplies
- Yoga Mats
- Fishing gear
- Clorox Wipes or other preferred daily cleaning product

Upon Arrival:
Please follow signs that will direct you to the check in location. Remain in your car and if a front desk associate is not immediately available, please call 828-692-6611 to let us know of your arrival. If you do not have Verizon cell service, you may want to call about 15 minutes before you arrive at Kanuga, so that we can be on the lookout for your car.
A team member will come to your car with a non-contact thermometer to take the temperature of each guest, and upon completion of our health screening, you will be provided the code for your cottage. You must have a mask on during your health screening.

**Food & Beverage:**

Due to the North Carolina Governor’s extension of Phase 2, and the additional requirement for masks in all public spaces, meals will be offered for pickup to be enjoyed outside or in your accommodations. Guests with a reservation in the Inn will be given the option to eat in the dining room at an assigned table.

Dishware and silverware will be provided in your accommodation (excepting Inn reservations). An initial bottle of dishwashing soap and dish towels will be provided for you to wash these in your sink. Please bring reusable bags or picnic baskets to transfer your food from the dining room back to your accommodation. In accordance with the Governor’s mandate and the Kanuga Guest Covenant, you will be required to wear a mask when you come to pick up your meals.

Odd numbered cottages and Guest Houses will pick up meals in the West dining room (also the location of our Market). Even numbered cottages and Inn rooms will pick up meals in the Dietz dining room. We have placed tables in many locations around the lodge for your enjoyment.

Please ensure that all dietary restrictions are communicated to our reservations team prior to arrival. We will do our best to make accommodations, however due to high food costs and limited availability of some items, we may not be able to accommodate every need.

Menus will be provided for you to pick up in the market each day at lunch, with choices for meals for the following day. Please make note of your choices and return your menu to the Market before 8pm each night. This allows the kitchen adequate time to prepare your meals for pickup.

When you arrive in the appropriate dining room to pick up your food, it is mandatory that you wear a mask and practice social distancing of at least 6 feet whenever possible. If the dining rooms get too crowded, we may ask you to wait outside until we can accommodate your group.

Some items may be packaged in mason jars, which will need to be returned to the dirty dish bins located outside the dining rooms. In this new day of single serve and disposable packaging, we are doing our best to be sustainable where we can. Please help us with that and do not take dishes or mason jars with you upon departure.

Carafes of coffee will be available (included in your meal plan) beginning at 7:00 a.m. in the lobby of the dining hall. Please take a carafe back to your cottage, along with a prepackaged selection of sugars and creamers for your use. Please return these carafes to the dirty dish stations outside the dining room later in the day.
Meal times are as follows:

Breakfast - available for pickup from 8 a.m. - 9 a.m.

There will always be a hot and cold option for lunch.
Cold Lunch - available for pickup from 10 a.m. - 1 p.m.
Hot Lunch - available for pickup from 12 p.m. - 1 p.m.

Dinner - available for pickup from 6 p.m. - 7 p.m. (late pickups may be available with prior notification)

Many guests are commenting that they are enjoying the safety and convenience of this model. Kanuga will provide basic dishes, silverware, and glasses. If you would like to bring placemats or other special items to make your space feel cozy, please feel free to do so!

The Market (located in the West dining room) will be open from 11 a.m. - 8 p.m.

Not only will this be the location for your meal pickups during allotted hours, but there will be market items available for purchase throughout the day. There will be cold drinks of the alcoholic and non-alcoholic varieties and additional signature Kanuga items, such as cheese straws, pimento cheese, house made chips, hummus, chicken salad, and soups. Please note that some of these items may be limited, the selection will vary with availability. Other retail items will also be sold in the Market.

Activities:
Respecting social distancing guidelines, and in numbers of 25 or less, your group may enjoy the following:

Nature hikes and walking trails
   Please be respectful on the trails and if you meet another group, pause and let them go by and get a reasonable distance ahead before you continue on your path. There is some trail maintenance on the Doug Stirling and Rufus Morgan trails, some portions of these trails may be closed or inaccessible.

“Pray in Place” Outdoor Worship
Our property has two established outdoor chapels, a labyrinth, a prayer garden, and 1,400 acres of land for outdoor worship.
   Each day at 9 a.m. and 8 p.m., please join us for a "Pray in Place" opportunity, on your porch, or around campus. After a bugle call, guests will be led in a brief prayer.
Fishing from the dam or other remote areas of the lake (catch-and-release)  
Please bring your own equipment. Kanuga does not have gear to loan.

Your group may also reserve times for activities, using this link https://rb.gy/uxzzbx. Some activities such as Naturalist Hikes, Arts & Crafts, Woodworking, Watercolor classes, Blacksmithing, etc require a fee. Free options are below:

- Biddy Pool
- Boating: Lifeguards will be on duty and check you in when you arrive. Please wear your masks to check-in.
- Fishing at the Pier  
  Please bring your own equipment and bait. Kanuga does not have gear to loan.
- Lake Swimming: Lifeguards will be on duty and check you in when you arrive. Please wear your masks to check-in.
- Outdoor Tennis & Basketball  
  Please bring your own equipment, we have limited rackets and balls that can be borrowed.

Guests are also welcome to bring bikes and helmets, frisbees, camping chairs, shade umbrellas, or hammocks for playing and relaxing outdoors.

**Housekeeping:**

Bed linens and towels will be provided. For health reasons, Kanuga will not provide pillows. Please bring your own. Housekeeping will not clean your accommodation each day, but additional towels and linens will be available for pickup.

Please call 828-692-6611 at any time during your stay to arrange for new linens and towels. A front desk team member is available 24 hours a day. Place used linens and towels in a plastic bag. If you would like a team member to remove soiled linens, please call to arrange for pickup. Otherwise, please leave them in a bag in your accommodation upon check-out.

Upon check-out, trash and recycling should be placed in outside bins and furniture arranged as it was upon check in (excepting inn rooms). Proper trash disposal is critically important. Wildlife is thriving at Kanuga; consequently, we must take all appropriate precautions to properly dispose of trash.

Your Housekeeping deposit will be applied to your final bill if you fail to honor the established check out times, or if your accommodation is not left in good order. Some situations that would trigger your deposit being applied could include furniture being rearranged, arts and crafts (such as clay, playdough, paint) left on floors or porches, excessive trash or dirt, furniture taken from other buildings on campus, etc. We appreciate your help in keeping Kanuga looking its best for all of our guests, present and future.
Upon Departure:
Once the requested housekeeping procedures are complete, please lock your cottage and call 828-692-6611 to notify us of your departure. We will leave each cottage untouched for twenty-four hours before our housekeeping team enters. Once our team has cleaned your cottage and has reported that all items were left in good order, your housekeeping deposit will be refunded to the card used for reservation.

You will receive an email once this is complete, as well as a feedback form with some questions about your stay. We ask that you take the time to fill this out and give us your honest feedback about your retreat. Your feedback will help us to adapt and grow in this “new day.”

Please feel free to contact our reservations department any time before your arrival with any additional questions. We can be reached at reservations@kanuga.org or at 828-692-9136. A copy of the Kanuga Guest Covenant and the Guest Health Screening Form are also attached for your review before arrival.

We look forward to welcoming you to the pines upon the mountains very soon.
General Information & Policies

Quiet Hours: 11 p.m. to 7 a.m.

Emergencies: In the event of an emergency, call 911 and then immediately notify the Front Desk at 828-692-6611.

Pet Policy: Kanuga is a pet-free property. Service animals are permitted. A list of local kennels is available upon request.

Alcohol Policy: Intelligent, mature use of alcohol by those of legal age (21 or over) at Kanuga is acceptable. There are, however, specific policies and regulations governing its use.

- Kanuga and all persons coming onto the campus will follow all state and local regulations and Kanuga policies, which are designed for the safety and general welfare of our community.
- Illegal or improper use of alcohol will not be tolerated including public intoxication.
- Consumption of alcohol is restricted to approved areas and where it is served (i.e. a Guest’s place of residence or an approved event location) and may not be carried from place to place or consumed outside of the designated area.
- Alcohol is not permitted in the dining rooms except under special circumstances and with prior approval.

Smoking Policy: Kanuga has a No Smoking policy for all buildings and outdoor public areas. The Kanuga Lake Inn and Lodge, including balconies and porches, are smoke-free facilities. Those in the Cottages and Guest Houses who smoke are asked to do so only on open-air porches. Please dispose of your cigarette butts properly.

Ice Machines: Located next to the Guest Services office and on each floor of the Kanuga Lake Inn.

Laundry: A laundry facility is located on the first floor of the Kanuga Lake Inn.

Telephone & WiFi: The phone number for the front desk is 828-692-6611. Accommodations do not have telephones. Any messages will be placed in your cottage or inn room mailbox behind the front desk.
Urgent messages will be delivered, if possible. Verizon cell phone service is the most reliable. Complimentary WiFi is available in accommodations. Faster connectivity is in public buildings.
Kanuga Guest Covenant

Updated June 4, 2020

We face unprecedented times due to the pandemic of COVID-19. The health and safety of Kanuga’s guests and staff is top priority. Because of the risks associated with this disease, Kanuga will require each guest to comply with this Guest Covenant during cottage retreats this summer.

If CDC, North Carolina, or Henderson County requirements change, understand that this covenant may be revised for Kanuga to comply with those requirements.

• Upon arrival, all persons in your party will undergo a health screening.
  o A temperature above 100 will require that you and any member of your traveling party leave Kanuga and not enter the property.
  o All members of your party must be symptom-free from any illness for at least 14 days prior to arrival.
  o Any guest who becomes sick during their stay must immediately notify Kanuga personnel.
  o You must inform Kanuga if you or anyone in your party becomes ill within 14 days after your departure.
• Everyone must comply with North Carolina’s set limits on gatherings.
  o 10-person limit on indoor gathering, including inside cottages
  o 25-person limit on outdoor gatherings
• Everyone must wear a facial covering when in any indoor public areas.
• When visiting other guest groups and where physical distancing cannot be met, Kanuga requests the use of facial coverings.
• Visitors of Guests will be permitted and will be required to register and go through health screening upon arrival to be allowed on property.
• Trails will be open, and groups must maintain social distance from other groups when hiking.
• Housekeeping is limited. Additional linens are available at a central location.
• Children are the responsibility of parents and guardians.
  o Childcare is not available. Kanuga cannot safely comply with updated health guidance for childcare facilities.

I understand that my traveling party and I are guests of Kanuga, and that it is my/our responsibility to help keep our fellow guests and Kanuga staff safe. I/we will review the covenant with all in my party and follow it. Violation of this covenant may cut short my stay without refund.

_____________________________________________  _______________________________________
Signature                                            Date
Kanuga Guest Health Screening

Kanuga requires all guests to go through the following guest health screening upon arrival.

1. Temperatures of all members of guest party will be taken upon arrival, through the windows of their car, using a touchless thermometer.
   If all temperatures are below 100, please proceed to the next question. If not, guests will not be allowed to check in to their accommodation. They will be asked to re-book their stay for a future date, once health guidelines can be met.

2. Guests will be asked the following questions.
   a. Have you or anyone in your party had close contact (within 6 feet for at least 10 minutes) in the last 14 days with someone diagnosed with COVID-19 or has any health department been in contact with you and advised you to quarantine?
   b. In the past 10 days, have you or anyone in your party had any of these symptoms?
      i. Fever
      ii. Chills
      iii. Shortness of breath or difficulty breathing
      iv. New cough
      v. New loss of taste or smell

   If either of these questions is answered in the affirmative, guests will not be allowed to check in to their accommodation. They will be asked to re-book their stay for a future date, once health guidelines can be met.

Once health screening is complete, guests will be provided with a check-in packet, including their room or cottage keys, maps of the property and trails, and a car tag for use during their stay.