PLAN EVENTS
04 Accommodations
06 Meals & Recreation
08 Meeting Spaces
10 Youth Campus Rentals
24 Helpful Tips

RENEW-RELAX
12 Conference Schedule
17 Guest Periods

ADVENTURE
18 Camp Kanuga
20 Expeditions
21 Leadership Academy
22 Camp Bob at Kanuga
23 Mountain Trail Outdoor School
In 1928 Bishop Kirkman Finlay envisioned a place in the mountains of Western North Carolina, rooted in the Episcopal Church, grown from the love of Jesus, and open to all people. As I walk through my third year as president of Kanuga, I am honored to continue Finlay’s mission and witness many incredible moments that occur in this sacred space. Today, I invite you to leave your day behind you, and with this guide, to discover your own awe-inspiring moment.

The road to Kanuga is unique for each guest that travels here. For some it’s a path to self-discovery, an opportunity to learn a new skill or engage in a heart-opening discussion. For others it’s a familiar journey to a time-honored family tradition. And for others still, it’s an exciting adventure that allows them to experience what nature has to offer while they grow and create new friendships. No matter what brings you here, we look forward to welcoming you with open arms and unparalleled service.

I hope you plan to join us for an event, retreat, camp, or outdoor program. More importantly I hope you find a place that your spirit can call home.

Many Blessings,

Michael Sullivan
President/CEO
When you arrive at Kanuga something happens...

You enter a place that is much more than conferences, retreats, and camps. This is a place where our many communities find common ground, deeper understanding, and new friends.

Ka-nu-ga is a word borrowed from the Cherokee that means gathering place for all people.
Nestled on 1,400 mountain acres centered around the 30-acre Kanuga Lake, Kanuga offers a year-round, full-service conference and retreat center, as well as two youth campuses providing summer camps and outdoor education. We welcome more than 35,000 guests annually from all walks of life and from around the world.

Established in 1928, Kanuga originally provided summer programs and camps to people across the Southeast. Within 10 years, Kanuga had become the largest conference center affiliated with The Episcopal Church. Prior to 1928, the campus of Kanuga was known as the Kanuga Lake Club, a summer mountain resort developed by Charlotte banker and real estate developer George Stephens. After several bankruptcies, the resort was purchased by the Episcopal Dioceses of the two Carolinas under the leadership of Bishop Kirkman George Finlay.

Since its founding, Kanuga has been shaped by a spirit of true Christian community. It is reflected in our mission and demonstrated by the personal transformations that occur here. In a rapidly changing world, our purpose remains clear and our mission has never been more meaningful to those who seek to reconnect with themselves, each other and the Creator.
Make Yourself at Home
CONFERENCE & RETREAT CENTER ACCOMMODATIONS

HISTORIC COTTAGES
Kanuga’s 43 Historic Cottages range in size from one to six bedrooms, many of which have private baths. Most cottages have two twin beds per room, a living room with a fireplace, a porch, ceiling fans and are fully winterized.
KANUGA LAKE INN
Relax in our Inn that sits in the heart of the Conference & Retreat center with enhanced accessibility, air conditioning and more. It offers 61 hotel-style rooms, each with a private bathroom, and most rooms have patios or balconies.

GUEST HOUSES
Our six Guest Houses have four bedrooms, four baths, ceiling fans, a living room with a fireplace, and a screened porch. Bedrooms vary from twin to king beds.

Based on availability, guests may choose from three types of comfortable accommodations.

LODGING ACCOMMODATES UP TO 440 PEOPLE

for more info: Kanuga.org
MEALS
Freshly prepared buffet-style meals are served in one of our three adjacent dining rooms located in the Kanuga Lake Lodge. Vegetarian or other special dietary requirements can be accommodated with prior notification. Meals are prepared using local produce (when available), including herbs and vegetables grown in Kanuga’s organic garden.
RECREATION
Kanuga offers a wide variety of activities for our guests. Some of the most popular activities include trail hiking, relaxing in the peaceful, wooded areas throughout the campus or simply cooling off in the 30-acre lake. Below are just a few of the recreational activities we offer (subject to seasonality):

**24 HR. FITNESS CENTER**

**HIKING, RUNNING, FITNESS TRAIL**

Swimming, boating, paddle boarding, fishing

**GYMNASIUM**

**50-FOOT CLIMBING TOWER with NEARBY BOULDERING WALL**

**LIGHTED PLAYING FIELD**

High and low ropes courses*

**FOUR TENNIS COURTS WITH TWO BASKETBALL HALF COURTS**

**ARCHERY**

**PLAYGROUNDS (AGES TWO & UP)**

Arts & Crafts

*FEES MAY APPLY

For full list of recreational activities visit: Kanuga.org
Venues Designed for Success

CONFERENCE & RETREAT CENTER MEETING SPACES

For complete details on Kanuga’s meeting spaces, please contact our sales team at sales@kanuga.org

or visit: Kanuga.org/meetingspaces
YEAR ROUND VENUES
Choose from a variety of year-round venues at Kanuga, from traditional meeting rooms—with our largest accommodating 450—to nontraditional spaces, such as our Lakeside Pavilion. Basic audio/visual is complimentary, with advanced audio/visual equipment and services available for a fee. Wireless internet available throughout campus.

18,000 SQUARE FEET OF MEETING SPACE & BREAKOUT SPACE
7,600 square foot air-conditioned gymnasium
LAKESIDE PAVILION

Indoor chapel
OUTDOOR CHAPELS
BONFIRE AREA
Ready to Reconnect Camp Style
YOUTH CAMPUS RENTALS

Choose from two camp facilities for a rustic retreat experience.

For more information on pricing and availability please contact
info@kanuga.org
CAMP KANUGA
Our traditional summer camp can host up to 250 people and house up to 175 people. It is available late April, May, and August through October. It offers 12 camper cabins and six staff cabins, a lakeside pavilion, large playing field, outdoor chapel, a dining hall and an array of recreation areas.

BOB CAMPBELL YOUTH CAMPUS
Accommodates up to 180 people year-round with nine fully insulated and heated cabins, enclosed pavilion with a fireplace, open-air chapel and a dining hall.
For more than 90 years, Kanuga has sponsored conferences and retreats that provide enlightening, restful and transforming experiences.

**RATE PER PERSON KEY**

- Adult double occupancy: **AD**
- Adult single occupancy: **AS**
- Commuter rate: **CM**
- Non-participant: **NPG**
- Youth (10-17): **Y**
- Child (4-9): **C**
- Infant/toddler optional nursery care (ages 0-3): **I**

Not all events have each rate option. Cancellation fees apply after booking. Early arrival and stay-over rates are subject to availability.
KEY CONFERENCE (KANUGA EMPOWERED YOUTH): WINTERLIGHT

DECEMBER 27, 2019–JANUARY 1, 2020
Youth in grades 9–12 and adults who work with youth come together in an inclusive fellowship that embodies the vibrancy of the national Episcopal Church. Participants are empowered to build community and seek authentic connections with Christ and one another.
Youth participant: $525  kanuga.org/winterlight

KNITTING & QUILTING RETREAT

JANUARY 16-19, 2020
Experience the perfect weekend escape for knitters and quilters! Learn new techniques from experts, plus enjoy excursions to area yarn and quilting shops, time by the fireplace and hiking scenic mountain overlooks.
kanuga.org/kkq

Iconography with Suzanne Schleck

FEBRUARY 8-14, 2020
Experience the compelling practice of painting an icon using techniques developed more than a thousand years ago. Instructor Suzanne Schleck guides you through a week of art and prayer. Beginners and experienced artists welcome.
kanuga.org/iconography
**Elevate Conference**
**March 13-15, 2020**
Theme for 2020 is “Elevate Creation Care and Environmental Justice.” This conference explores different dimensions of current topics in the context of the world, nation, the Church and society. It is made possible by an endowment established by Natalie Lee and with major support from the Buford L. Bowen Endowment.
Register by Nov. 13, 2019 to save 10%.
kanuga.org/elevate

**Musician’s Conference**
**April 14-17, 2020**
The Musician’s Conference at Kanuga is a gathering of creative and innovative music leaders from around the country. Throughout the week there will be opportunities for fellowship, collaborative worship, peer-led interactive discussions, renewing of spirit and jam-session fun.
kanuga.org/musicians

**Fly Fishing Retreat**
**April 28 - May 1, 2020**
Engage in the contemplative art of fly fishing through a three-day retreat. Local river guides from Davidson River Outfitters will teach casting techniques, share local fly-fishing knowledge, and escort participants on a guided fishing trip to the Davidson River.
kanuga.org/flyfishing

**Nuevo Amanecer**
**May 12-15, 2020**
The Office of Latino/Hispanic Ministries of the Episcopal Church and Kanuga partner in offering the biannual Nuevo Amanecer conference. The conference brings together many successful and dynamic leaders involved in Latino Ministries, offers workshops that provide training that can be implemented in any parish, as well as keynote addresses that promise to inspire.
Register by Feb. 23 to save 10%.
kanuga.org/nuevoamanecer
ART AND SOUL RETREAT
JUNE 7-12, 2020
The Art and Soul Retreat provides opportunities to connect with the Divine through many forms of artistic expression. Classes will include quilting, watercolor painting and other arts.

CHRISTIAN FORMATION CONFERENCE
JUNE 8-12, 2020
Explore a new vision of forming faith—an ecosystem of intergenerational relationships and faith experiences at church, home and through missional formation work to the unaffiliated. Since 1928, clergy, professional educators, and countless volunteers have come to Kanuga to share the best formation practices, be inspired by great speakers and rekindled for ministry.

KEY CONFERENCE (KANUGA EMPOWERED YOUTH): YOUTH WEEK
JUNE 14-19, 2020
Youth Week, one of Kanuga’s oldest traditions, brings together youth (Rising 7th graders-recent high school graduates) and adults who work with youth in an inclusive fellowship that embodies the vibrancy of the national Episcopal Church. Participants are empowered to build community and seek authentic connections with Christ and one another.
AWWWY AD- $580. AWWWY AS- $770
JYP- $540  SYP- $540
kanuga.org/youthweek

Renewal Conference
JUNE 21-26, 2020
Kanuga’s annual Renewal Conference brings families and friends together for a week of teaching, worship and healing. Designed as a spiritual recharge, the week features dynamic morning and evening teaching, afternoon relaxation, workshops and powerful worship.
ENNEAGRAM  
OCTOBER 22-25, 2020  
Join psychologist Dr. Joseph Howell, author of *Becoming Conscious: The Enneagram’s Forgotten Passageway*, and the faculty of the Institute for Conscious Being (ICB) for a weekend of self-discovery and study of the spirituality of the Enneagram.  
kanuga.org/enneagram

ICON WRITING WITH TERESA HARRISON  
NOVEMBER 14-20, 2020  
Join renowned instructor Teresa Harrison for a course in the ancient technique of icon writing. This process inspires prayerful meditation, both while creating the art and reflecting on the finished piece. Beginners and experienced iconographers are welcomed.  
kanuga.org/iconwriting

KEY CONFERENCE (KANUGA EMPOWERED YOUTH): Winterlight  
DEC 27, 2020-JAN. 1, 2021  
Youth in grades 9-12 and adults who work with youth come together in an inclusive fellowship that embodies the vibrancy of the national Episcopal Church. Participants are empowered to build community and seek authentic connections with Christ and one another.  
Youth participant: $540.  
kanuga.org/winterlight

Rediscover What Really Matters  
KANUGA GUEST PERIODS
Our professional staff delivers genuine hospitality and strives to make your Kanuga experience unforgettable. Guest Periods are the ultimate family camp experience and include all meals, lodging and activities for your entire stay. There are also plenty of opportunities for spiritual growth led by an ordained residential chaplain.

**SUMMER GUEST PERIOD**
**JUNE 27–AUGUST 15  (SEVEN WEEKLONG SESSIONS)**
Join in the cherished tradition of families and friends gathering for a renewing, all-inclusive mountain getaway. It is a family-friendly camp experience with daily activities for all ages, plus plenty of time for rest, worship and play.
kanuga.org/summer

**AUTUMN GUEST PERIOD**
**OCTOBER 12-18**
With peaceful mountain views and genuine hospitality, Kanuga offers a memorable setting to enjoy the splendor of autumn in the Blue Ridge Mountains.
kanuga.org/autumn

**THANKSGIVING GUEST PERIOD**
**NOVEMBER 24-29**
Delight in a holiday getaway with all of the celebration, but none of the stress. Relax and reconnect with your family and friends. Take part in fun activities, traditional Thanksgiving festivities and meals.
kanuga.org/thanksgiving

**Christmas Guest Period**
**DECEMBER 21–26**
Join us for an all-inclusive Christmas getaway in the mountains. We will take care of the details, while you reconnect with friends and family during this special celebration.
kanuga.org/christmas

To check availability and reserve your spot today, visit: kanuga.org/guestperiod
Nestled among nature’s beauty, our camp and outdoor education programs have been nurturing transformation, encouraging growth and preparing youth for a successful future for many years. We offer a variety of fun and exciting activities designed to instill confidence and build relationships.

For Dates and Rates visit: kanuga.org/camps
OVERNIGHT CAMP
AGES 7-15 • DURATION: 9-DAY, 13-DAY, & 4-DAY STARTER CAMP
Give your child the experience of an adventure filled summer. We recapture the joys of technology-free fun with a variety of camp activities, including (but not limited to):

- Mountain biking trails & pump track
- High Ropes Courses & Climbing Wall
- Canoeing & Kayaking & Rafting
- Hiking & Orienteering
- Overnight Campouts
- Zip Line
- Blacksmithing

Camp Kanuga is an American Camp Association (ACA) accredited program.” and “Scholarships and tiered pricing are available for all Camp Kanuga programs.

DAY CAMP (AGES 5-11)
From 9:00am to 3:00pm Monday through Friday, day campers experience a glimpse of the full camp program while trying out all the nature, adventure, sports, and art activities during the day.

ADVENTURE DAY CAMP (AGES 12-15)
From 9:00am to 3:00pm Monday through Friday, adventure day campers explore their sense of adventure on offsite adventure day trips from the home base of Camp Kanuga.
EXPEDITIONS FOR PIONEERS
AGES 12-15 • DURATION: 6 DAYS
Provide your child with their first taste of outdoor adventure! Our Pioneer Expedition emphasizes teamwork, self-reliance, adaptability, and leadership through a variety of day trips. Pioneers live on site at Camp Kanuga’s Outpost, eat meals in the dining hall and participate in camp activities. Each day Pioneers journey off site for a new adventure to return to join back in with the main camp.

THE CANOEING & CLIMBING EXPEDITION includes learning basic, intermediate and advanced skills of canoes and rock climbing.

The Kayaking & Mountain Biking Expedition includes learning basic, intermediate and advanced skills of kayaks and mountain bikes.

EXPEDITIONS FOR EXPLORERS
AGES 14-18 • DURATION: 18 & 19 DAYS
Explorers thrive and grow in nature’s classroom. They grow in teamwork, self-reliance, outdoor skill building, and leadership.

OUR ALASKAN EXPEDITION explores the pristine beauty of the last frontier exploring Denali National Park and experiencing glacier travel. These Explorers will enjoy glacier hiking, ice climbing, sea kayaking, mountain biking, wildlife bus tour, wildlife boat tour, back country camping, a wildlife sanctuary, and day hiking.

Our Hawaii Expedition offers growth opportunities and leadership development. Explorers will enjoy island hopping, sailing, surfing, sea kayaking, waterfall sightseeing, snorkeling, day hikes, boat tours and zip lining. Additionally, there are many opportunities to learn about the island, experience cultural immersion, and serve the Oahu community.
LEADERSHIP ACADEMY
OPEN TO THOSE ENTERING ELEVENTH & TWELFTH GRADE IN THE FALL
kanuga.org/leadershipacademy

This program helps teens develop confidence and critical leadership skills that are beneficial as they enter adulthood. Whether they are preparing for college, or becoming a Camp Kanuga counselor, we help them develop lifelong skills that will benefit any environment in which they choose to serve. The first week is comprised of leadership development and training, including an adventure weekend of camping, zip lining and tubing. Participants serve the two final weeks as camp counselors at a regional off-property day camp or Camp Kanuga’s day camp.

LOCAL DAY CAMPS
OFF-SITE AND ON-SITE
DAY CAMPS (AGES 5-11) & ADVENTURE DAY CAMPS (AGES 12-14)

Enjoy the same mixture of fun, friendship, and faith at our overnight camps in a setting close to home. Staffed by our Leadership Academy students, our day camps are presented by Kanuga and a local church within your community. Activities include archery, sports, water fun, arts, and crafts.

Campers who attend Day Camp at our Camp Kanuga location will enjoy a glimpse into traditional camp as they participate in many of the programs we offer overnight campers, such as gem mining, zip lining, swimming, mountain biking, and more!

For Schedule & Locations visit:
Kanuga.org/daycamp
Camp Bob’s vision is to nourish the potential for all youth to become agents of change in their communities. Campers experience activities such as canoeing, rock climbing, archery, swimming and hiking on Kanuga’s beautiful trails. While campers try new things, reach goals and build friendships they are encouraged and supported by camp staff all along the way.

We make camp financially accessible to our families, therefore all camp programs are offered at a free or reduced cost. We currently offer two different paths to camp: Camp Sponsorship Groups and Open Enrollment Western North Carolina (WNC) Camp.
MTOS uses an experiential education model to teach more than 5,000 students during the school year. Designed primarily for fourth through eighth grades, our programs provide the opportunity to participate in positive community, personal growth, self-confidence and increased awareness and stewardship of our natural environment.

With over 15 different class options, we offer an extensive curriculum that meets state curriculum standards and can be tailored to achieve classroom goals. Public and private schools are encouraged to join us for one to five nights of education, adventure and fun!

For more information, please contact the MTOS staff at 828-233-2839 or mtos@kanuga.org
To maintain our peaceful atmosphere, rooms are not equipped with telephones, alarm clocks or televisions. No cooking is permitted in any accommodation as all meals are served in the dining rooms.
Kanuga is easily accessible via Interstates 26, 40 and 85 as well as via US Highway 25. It is within driving distance of airports in Asheville, NC (AVL 30 min.); Charlotte, NC (CLT 2 hr.); and Greenville-Spartanburg, SC (GSP 1 hr.). Asheville is the closest airport, with major carriers flying daily.

For additional information, visit www.flyavl.com. Rental cars and taxis are available from all of these airports. If you need assistance with transportation, please inquire during your registration process.
Keep in touch with Kanuga! Join our monthly e-newsletter for regular updates and event information at kanuga.org. You can also follow all the fun happening year-round through social media.