ART AND SOUL RETREAT:  
*Personal and Liturgical Creative Expression*  
August 18-23, 2019

“The Art and Soul Retreat provides opportunities to connect with the Divine through many forms of artistic expression. Within a spiritual community of love and creativity, we strive to relax, renew of minds and inspire our hands and voices in ordinary and extraordinary ways.”

THEME: “The Art of Growing Our Souls”

CLASSES FOR 2019

1. **PHOTOGRAPHY** – Robin Smith  
**THE SOUL AND ART OF PHOTOGRAPHY**

Art is born in the soul, nurtured by the Holy Spirit and shared in art form. Our art comes in all shapes and sizes: on paper, canvas, cloth, clay, wood, word, metal and many other media. The artwork we make is sacramental, a gift as an outward and visible sign of an inward and spiritual grace.

The goal for the 2019 class is to recognize photography as an art form. This is for all levels of photographic experience with a basic understanding of how to use your camera, whether it is a call phone or a high end DSLR and everything in between. We will study composition, color vs black and white and the use of white space. We will also address the individual concerns of the participants.

Another goal of the class is to create a piece of art that tells a story with enough mystery to involve the viewer to see their story too. The artwork you produce in this class will be a piece of art from the soul that you will be proud to hang on any wall.

About Robin Smith: Robin Smith is a native of Louisville, Kentucky. He spent his teenage years in Charleston, South Carolina and has owned a photographic studio in Columbia, South Carolina for over forty years. While the focus of Robin’s work is
freelance photography and video production, another dimension of his talent is fine art photographs. He has a deep appreciation of the world around him which gives his images a spiritual depth that illustrates the subject in a unique and creative way. He exhibits in galleries in the Southeast. You see his photography in several books, most noted are: Camden, Homes and Heritage, Robert Mills, Architect, G. W. Vanderbilt’s Biltmore Estate, and In This Place, an award winning coffee table book illustrating the beauty of Kanuga Conference Center. His photography is also featured in numerous other books, brochures and annual reports. Recently Robin has had numerous contracts providing art photographs and framing for interior decorating clients.

Class size is limited to twelve (12) so sign up early. For questions contact Robin Smith at: artbyrobin@gmail.com.

2. **BLACKWORK** – Marion Scoular

**SYMBOLISM IN BLACKWORK**

Stitched as a traditional Band Sampler; this Blackwork design has nine symbolic references. The symbols depicted are; Violets for humility and faith, Sky, Lilies of the Valley for humility and happiness, Water, Thistle for sorrow, Earth, Olive for peace, Pomegranate for fertility, Fire, Clover for trinity, Messiah star, Grapes for wine, Wheat for host. The charts are numbered so the motifs may be stitched reversibly, although it is not necessary to do so.

This sampler will be suitable for framing or as an insert into a clergy stole. The stitched area is 3.5” wide x 12” high. Thread and fabric (25 count Lugana) will be provided in a class kit purchased from the teacher.

Should you wish to learn the Blackwork technique using another design of your choice, on an item of your choice (which you provide) you may do so. Another option? Placemats and napkins.

About Marion Scoular: Marion is a 3-year, Mark Excellent, 1955 Graduate of the Royal School of Needlework and a City and Guild’s silver medalist. After teaching Dressmaking in English high schools for 3 years, she came to Clemson, S.C. in 1963 where, for 13 years she owned The Robin Hood Wool Shop and taught Adult Education for the University. Since 1986 she has lived in Atlanta. Marion has judged, lectured and taught workshops in 49 states, Canada, Mexico and Australia for every
major organization. She has been featured on Public and Commercial T.V. and has a video on basic canvaswork. She has three booklets on Embroidery Techniques published by the American School of Needlework; authored a series of articles for the Creative Needle; self-published “Why Call It Blackwork?” and “Hardanger Embroidery” and contributed articles to periodic magazines of needlework organizations. Marion has led Embroidery tours of Britain and Europe and has taught embroidery for the Liturgical Arts Conference since its beginning 20 years ago.

For more information contact: marionscoular@comcast.net

3. **STOLES** – Marilyn Doyle

**CHURCH VESTMENTS I: STOLES**

This is the inaugural class of a Church Vestment series to be taught at Art and Soul Retreat. Come join us and learn how to make your first clergy vestment. We will explore the various shapes of traditional and contemporary stoles used in today’s parishes, including deacon’s stoles and the many ways to create them whether done the English way or easily on the sewing machine. Although a stole can be unadorned as it is a symbol in itself, we shall discuss the use of color and symbols for the various liturgical seasons and their placement on the stole as well as how to put in an insert such as from Marion Scoular’s workshop. Questions to consider are: For whom is the stole intended? Do you have personal preferences? Style of liturgy? Is there a need for more than one per church season or day?

So, let’s create a stole in class whether it is a practice sample or a finished project. This will be the first in a series of vestments making that will be held at the Art and Soul Retreat each year. A list of materials will be sent to each participant. Bring a picture of your worship space, any symbol books for ideas and lots of enthusiasm. Also, please feel free to bring a current stole as a model.

For more information contact: mhdoyle.oh@gmail.com
4. **LINENS** – Kathy Neal

**SACRED LINENS I: The Purificator**

This is the inaugural class in a new annual series to be taught at the Art and Soul Retreat over the next few years. The purificator is the most basic of all altar linens and because of their high degree of use, require constant replenishing in a church’s textile collection. During our week together, the student will begin – if not complete - two purificators for their church. Techniques to be covered are cutting and preparation, two hemming techniques, two corner treatments, and complete instructions for embroidered and appliqué crosses. All these skills will carry over to future classes. All materials, threads and notions will be provided in the class kit. Be warned, making purificators can become addictive and lead to the creation of lovely personal items as well!

About Kathy Neal: Kathy has shared her needlework for more than thirty years across the country through seminars, magazine publications and television. She studied at the Royal School of needlework, receiving their certificate in hand Embroidery in 2004. Though skilled in many forms of needed work, Kathy’s favorite is whitework used in ecclesiastical embroidery, especially altar linens. She is head of the St. Clare Needlework Guild at The Church of the Good Shepherd in Augusta, Georgia, where she is a member.

Please contact Kathy for more information at: kathynealembroidery@gmail.com

5. **JOURNALING** – Linda Wiggin Kraft

**CREATING SPIRITUAL JOURNALS**

Deepening Our Written and Painted Prayers - Personal and deep prayers will be written and artistically expressed through journal and prayer writing, personal calligraphy and painted colored prayer books.
Creating these prayer books combines writing of personal journals and prayers from a deep honest place within and expressing these words with easy flowing calligraphy and painting. These forms of writing, calligraphy and painting are both an art and a meditation that nurture our soul’s growth.

The religious, spiritual, scientific and healing dimensions of colors and how to use them to help embody your prayers and artistic expressions will be shared. Fine art papers, watercolors, writing markers, calligraphy pens, bookbinding threads, buttons, beads and other art materials be used.

About Linda Wiggin Kraft: Linda Wiggen Kraft is an artist, writer and landscape designer whose teaching and work is meant to bring a deeper experience of the connection of creativity, creation and Creator. She will be assisted by artist Kelly Larson. They both live in St. Louis and will be returning to one of their favorite Holy places, Kanuga. Linda’s work can be seen on her website and blog: www.CreativityForTheSoul.com

Please contact Linda for more information at: linda@creativityforthesoul.com

6. WATERCOLOR PAINTING – Billie Shelburn

HOW TO EXPAND YOUR SOUL’S GROWTH WITH WATERCOLOR

Imagine the depth of feeling you can experience while creating visual songs that help stimulate your soul’s growth. Works of art that counterbalance the day to day experience can broaden your outlook and help you achieve a physical communication level that will affect others in a joyful way and your own self. We will be working with watermedia and all materials will be provided for a material fee of $50.00

About Billie Shelburn: Billie W. Shelburn is a contemporary studio artist and instructor in Painting, Drawing and Mixed Media. Drawing on extensive use of subliminal images as well as realistic and environmental subjects and using the principles and elements of design, enables Ms. Shelburn to create unique works emphasizing the use of shapes, moods, and light and dark values.

Her paintings have won international, national and regional awards and are included in many private, government and commercial venues in the United States and Abroad.
Ms. Shelburn was inducted into the National Organization for Women in the Arts, and has served on the executive boards of watercolor societies, county art councils and has been a founding member of non-profit art center, ART Station, in Stone Mountain, Georgia.

Ms. Shelburn is an invited instructor at many private and organizational art facilities along with museums, colleges and art schools across the nation. She was an invited presenter for the Tennessee Art Academy at Belmont University in Nashville, Tennessee where she instructed middle and high school public school art teachers from all over the south.

Currently, Mr. Shelburn is serving as the Resident Artist at John C. Campbell Folk School in Brasstown, North Carolina where she also maintains a full time fine art studio and gallery. She manages the JCC art studio and schedules over 60 classes a year there with over 50 instructors from many areas of the United States.

Her travels on five continents and 30 countries have greatly influenced her paintings, collages, book arts and handmade paper projects.

For more information contact: billiews@frontier.com

7. **ILLUMINATED LETTERS** – Sharon Coogle

**CELEBRATING GOD’S WORD WITH COLORFUL FLORAL DESIGNS**

Starting with the seed of traditional designs found in medieval illuminated manuscripts, cultivate letters ornamented with botanical motifs to use as initials in verses that you love. Choose either to work within historical traditions or to branch out into more contemporary interpretations; both approaches continue the time-honored practice of glorifying God’s word with color and image. Neither drawing nor calligraphy expertise is required; traditional motifs are based on shapes such as triangles, circles and hearts that are easy to master. Explore traditional color palettes along with ones that give a more contemporary feel to letter design. The instructor provides all materials to encourage students to experiment with various media – colored pencils, gouache, watercolor and gold. Students may choose to gild their work with 23 karat gold- the practice that “illuminates” old manuscripts – or to
work with modern materials that deliver a less fussy golden glow.

About Sharon Coogle: Sharon Coogle fell in love with calligraphy in college and launched her career as a free-lance calligrapher in 1981. She has studied with leading calligraphers from the U.S., England and Austria and has taught hundreds of students through classes and workshops. From small and humble projects, such as addressing envelopes, to corporate commissions for ceremonial documents, Sharon enjoys the movement of pen across paper and the infusion of artistry into the common act of writing.

Contact Sharon at: 123inkfish@gmail.com for further information.

8. **MOVING YOUR PRAYERS (Liturgical Dance)** - Vickie Polchow and Betty Woody

We can use movement as a means of spiritual growth, bringing together mind, body and spirit to express our complex relationship with the Divine. Feel stillness in the busyness of life. Focus thoughts and feelings in the presence of God. Move beyond observation into participation. Using Scripture, song, and prayer, Vickie Polchow and Betty Woody will lead gentle movements and meditations that make our personal spiritual journey more meaningful. **No experience needed. All mobility levels are welcome to participate.**