



CAMP KANUGA RESIDENTIAL CAMP: 9 OR 13 DAY SESSION PACKING LIST

IMPORTANT INFORMATION

Campout Information

Below is a list of important items that can be overlooked when packing for camp. All campers will go on one campout during the session. Some campsites are a two-mile hike from camp (yet remain on Kanuga property). All campers will carry their personal items in a backpack. Generally, older campers camp at sites farthest from the main campus. Please be sure that you have the correct items to ensure a safe, comfortable and fun experience.

Important Campout Supplies

- Footwear: Comfortable worn-in shoes such as tennis/sneaker or even “day-hiker” type boots.
- Sleeping Bag: Every camper needs a sleeping bag suitable for campouts.
- Backpack: needs to be big enough for the sleeping bag, change of clothes, water bottles and food.
- Two Water bottles (16oz): Water is not available at our campsites.

Costumes and Color Games

Campers may participate in a “County Fair” night program. You are encouraged to bring overalls, a straw hat, and an old pair of jeans, bandanas or other clothing that fit this theme.

Campers will also have the chance to participate in our camp-wide Color Games. Please bring red, yellow, blue, and green clothing so your camper can dress according to their team’s assigned color.

Laundry Bag and Laundry Service

Each camper will need to bring their own washable laundry bag. Our laundry service provider will wash, dry, and fold every camper’s laundry individually at the middle of the session. Each camper will need to bring a **clearly labeled** laundry bag with his or her name on the bag. Please clearly label all items of clothing, including the laundry bag, with a Sharpie pen.

Trunk

It is suggested that you bring all your items in a trunk where clothing is better protected and organized. Trunks can be a great place to sit, apply camp stickers and have your new camp friends sign their names as memories. Ideal dimensions for your trunk: 32”L x 18”W x 14”H.

Check-In/Linen Bag

Upon arrival to camp the Kanuga staff will carry your trunk to your cabin. You will arrive to the cabin before your trunk does. You need to pack a “linens” bag to take with you to your cabin during check-in as you won’t have access to your trunk for at least 45 minutes. This is a good time to begin to make up the bunk while you wait for the rest of the luggage. This bag must include: twin fitted sheet, twin top sheet, pillow, sleeping bag, blanket/sleeping bag.

Food

DO NOT BRING food of any kind. We will supply all meals and have snacks available for purchase at the canteen. Many of our campers have **severe and life-threatening allergies** to many different food items. We want to do everything we can to ensure a safe and healthy experience for all of our campers.



PACKING CHECKLIST

Clothing

- Shirts (8)
- Shorts (5)
- Jeans (1)
- Belt (1)
- Jacket (1)
- Socks (8)
- Sweatshirts (2)
- Underwear (10)
- Pajamas (2)
- Swimsuits (2) **One-piece only**
- Raincoat (1)

Label all clothing and personal items with a Sharpie!

Footwear

- Tennis shoes/sneakers (2 pair)
- Sturdy/hiking shoes (1 pair)
- Sandals with ankle strap (1 pair)

Toiletries

- Shower caddy
- Tooth brush
- Toothpaste
- Shampoo
- Body soap/wash
- Deodorant

Gear and Equipment

- Sleeping bag (1)
- Sheets (twin fitted)
- Pillow (1)
- Pillowcases (1)
- Heavy blankets (1)
- Bath or beach towels (2)
- Backpack for overnight camping
- Flashlight/Head Lamp and batteries
- Laundry bag (washable mesh)
- Canteen/water bottle (2)

Other Non-Clothing Items

- Bible
- Books
- Addressed postcards and stamps
- Journal and Pen
- Deck Cards
- Sleeping Pad (optional)

Other

- Travel-size sunscreen
- Travel-size Bug spray

WHAT NOT TO BRING

Cell phones, iPods or other portable music players, **computers, video games**, electric devices, two-piece bathing suits, **food**, pets, revealing and offensive clothing, firearms, fireworks, fixed blade knives, inappropriate music or magazines. Tobacco products, alcohol, illegal drugs, and non-prescription drugs are prohibited. Kanuga will not be responsible for damaged or stolen jewelry and other valuables. The camp will provide all sports and safety equipment; campers should leave theirs at home. Campers who drive their own vehicles will park their cars in the staff parking lot. Keys will be turned into the main office until the end of the session. Camp Kanuga is not responsible for any damage to personal vehicles.

CELL PHONES

Camp is a unique environment. During the camp experience, youth develop life skills including independence and self-reliance. We respect and appreciate the wonderful relationship youth and families have, but if campers are to enjoy camp fully they must be able to develop this independence.

Hiding Cell Phones: We appreciate that most families will honor our request and support our reasoning for not allowing cell phones at camp. We also recognize that some families may feel that hiding a cell phone in camper luggage is OK. Keep in mind that by doing this, YOU are teaching your campers that it is OK to break the rules as well as creating a level of distrust between the camper and counselor. If you are unable to send your camper to camp without a cell phone then you or your camper may not be ready for the camp experience.