



MOUNTAIN TRAIL OUTDOOR SCHOOL

Dear parents,

Thank you for your interest in Mountain Trail Outdoor School (MTOS). We hope that the resources on our website and that your child's teacher has will help you prepare for your child's educational trip to the mountains.

Mountain Trail Outdoor School is an environmental and adventure education program of Kanuga Conferences, Inc. in Hendersonville, NC. MTOS uses an experiential education model to teach environmental awareness and to promote self-confidence in elementary, middle and high school students. Located in the Blue Ridge Mountains, MTOS uses the natural beauty of our area and Kanuga's 1,400 acres as an outdoor classroom.

Our curriculum combines natural science, team building and adventure activities. Your child's teachers have customized the curriculum to fit the school's needs and goals for the trip. A leader in the field, MTOS has been successfully encouraging students to grow and learn in an outdoor environment for more than 20 years. Staff and teachers witness firsthand the positive impact that our program has on children. Our instructors encourage parent chaperones to participate as well, and often parents have as much fun as their children on the trip. If you are chaperoning your child's trip, please be sure to look over the *Chaperone Guidelines*, available either on the website or from your child's teacher.

Our instructors are outdoor education professionals. Staff members are college graduates with extensive experience in environmental and adventure education and are positive role models who share a sincere commitment to educating youth about the environment. All instructors are at least first aid, CPR and EPI-trained, and most have either Wilderness First Aid or Wilderness First Responder certifications.

I invite you to explore the website and to contact me with questions. I look forward to hearing from you and to welcoming you and your child to Mountain Trail Outdoor School.

All the best,

Meghan Hull
Mountain Trail Outdoor School Director