



# MOUNTAIN TRAIL OUTDOOR SCHOOL

## Sample Schedule

**Your School**  
Your Town, Your State  
Lead Teacher: John Doe

**October 8 (lunch) - 10 (lunch)**  
60 5th graders and 10 adults  
**Housing:** Cabins 1-4 & 7-9

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### Monday, October 8

11:30 Arrive and settle into cabins, MTOS orientation  
12:30 Lunch (*group 1 hopping*)  
2:00 1 Cooperation Course                      4 Orienteering  
          2 Cooperation Course                      5 Climbing Tower  
          3 Forest Ecology                            6 Climbing Tower  
5:00 Free Time (*supervised by Your School chaperones*)  
6:00 Supper (*group 2 hopping*)  
7:30 Night Hikes (*in activity groups*)

### Tuesday, October 9

8:00 Breakfast (*group 3 hopping*)  
9:00 1 Orienteering                                      4 Cooperation Course  
          2 Forest Ecology                                5 Forest Ecology  
          3 Cooperation Course                        6 Orienteering  
12:30 Lunch (*group 4 hopping*)  
2:00 1 Forest Ecology                                    4 Climbing Tower  
          2 Orienteering                                    5 Cooperation Course  
          3 Climbing Tower                                6 Cooperation Course  
5:00 Free Time (*supervised by Your School chaperones*)  
      - Bear's Den gift shop open  
6:00 Supper (*group 5 hopping*)  
7:30 Campfire

### Wednesday, October 10

*Pack and clean cabins before breakfast*

8:00 Breakfast (*group 6 hopping*)  
8:45 1 Climbing Tower                                4 Forest Ecology  
          2 Climbing Tower                                5 Orienteering  
          3 Orienteering                                    6 Forest Ecology  
11:30 Lunch (*group 1 hopping*)  
12:15 Your School departs after lunch